

**Standing order mandate**

**To** The Manager

Bank Name, Branch & Address:  
(your bank details)

**Your details**  
Full name and address:

**Your account details**

Account holder's name:

Account number (8 digits):

Sort code (6 digit):

**Please pay**

The Friary  
TSB Bank plc, 2 Davies Road, West Bridgford NG2 5JD  
**Bank details** Sort code: 30-18-98  
Account: 00251853

**Payment details**

The sum of: £

Amount in words:

First payment date: / /

Frequency of payment:

And thereafter debit my account until further notice.

Your signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Can you help?

We help local homeless and vulnerable adults to rebuild their lives by offering practical & health services, advice and emotional support.

If you can supply any of the following, please get in touch.



# Ways to give...

## ● Give money

Help us end homelessness locally by making a regular donation:

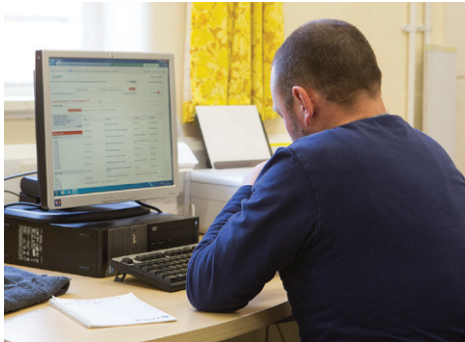
**£5** Could provide one homeless person with a clothing and toiletries pack.

**£10** Could help feed a local homeless person for a week.

**£25** Could provide a basic home starter pack for a homeless person moving into accommodation.

**£50** Could help get a local homeless person off the streets and into safe accommodation.

**£100** Could fund vital IT literacy training for up to 15 people. As one of our Service Users said: "It's all about confidence. I don't like modern technology but with someone showing you it's much better. It's better than reading how to do it in a book, it's all about confidence and someone listening to you..."



**One off donation** If giving regularly is not an option, then of course we welcome all donations large and small. Get in touch with the office or visit our website.

## JustGiving™

**JustGiving** Fundraise or donate with JustGiving, the world's leading online fundraising platform, helping us to make more with Gift Aid. Follow the link on our website.

### Gift Aid

Boost your donation by 25p of Gift Aid for every £1 you donate. If you're a UK taxpayer, please check if we can claim Gift Aid on your gift. To allow us to claim gift aid on your behalf, please complete our Gift Aid Declaration form.



## ● Volunteer

There are a number of volunteering opportunities, to register your interest please contact our Deputy Centre Manager.

We have a friendly team of volunteers who will welcome you if you can offer a few hours as a one off or on a regular basis. Get in touch with the Centre.

## ● Leave a gift in your will

Your ability to help doesn't have to stop when you die. If you would like to leave a gift in your Will please contact our CEO, Sam Crawford, at the office.

## ● Donate goods

We accept useful and practical items for our Service Users including clothing, men's and ladies' jeans, T-shirts, jumpers, shirts, socks, footwear, non-perishable & tinned food, toiletries, rucksacks, sleeping bags, jackets, small household & electrical items for starter packs.

To find out what's urgently needed please visit our website [the-friary.org.uk](http://the-friary.org.uk) or call the Centre.



## ● Corporate support

If you are an employee and think your employer would support a local charity by sending volunteers, raising funds or offering services, please let us know. Maybe the company you work for is looking for a Charity of the Year to support or has access to a Charitable Trust? Please get in touch and we will assist you.

If you run your own business and wish to support a local charity but haven't much time to invest in doing so, please get in touch and we can help you.

If your employer offers "matched-funding" for fundraisers and you want to help boost funds for the Friary then please contact us. There are many ways local businesses can support us without taking up too much of your time!

## ● Fundraise

If you as an individual or organisation wish to organise a fundraiser on our behalf, do get in touch with our office and we will support you as best we can. We have benefitted from some great initiatives and know from experience that people are motivated to raise money by doing what they enjoy!

See the website for recent ideas.



Following us on twitter [@theFriary88](https://twitter.com/theFriary88) and on Facebook [Facebook.com/theFriary88](https://www.facebook.com/theFriary88)

**46 Musters Road, West Bridgford,  
Nottingham NG2 7PR  
Centre Tel: 0115 982 5448  
Office Tel: 0115 981 0009  
Email: [admin@the-friary.org.uk](mailto:admin@the-friary.org.uk)  
Website: [the-friary.org.uk](http://the-friary.org.uk)**