

*It's so refreshing when people want to pass on the items they no longer use so that others can benefit.*

**Want to help the Friary - but not sure what we want?**

See our priority appeals for each month on the website [www.the-friary.org.uk](http://www.the-friary.org.uk)

**If you would give the item to a friend in need, it's clean, useable and on this list, the Friary very much wants to receive it from you.**

**Needed Most:**

Sleeping Bags  
Rucksacks & Holdalls  
1-2 man tents  
Groundsheets  
Torches & batteries  
Tin Openers  
Pots & pans  
Small Radio  
Watches

**Household:**

Bedding – duvets, duvet covers  
Sheets & pillow cases, pillows  
Towels  
Saucepans  
Plates, bowls & mugs  
Cutlery & Utensils  
Washing up bowls / liquid

**Clothing for Men & Women:**

Jeans, Joggers & Leggings  
Socks & hiking socks  
T-shirts & shirts / blouses  
Jumpers, Hoodies & Fleece  
Waterproofs, Coats & Jackets  
Underwear (new if possible please)  
Pyjamas  
Trainers, flat practical shoes / boots  
Belts, gloves & wool hats

**Toiletries:**

Soap, & shower gel.  
Toothbrushes & Toothpaste  
Deodorants (roll on & spray)  
Razors & shaving foam  
Shampoo & Conditioner  
Nail clippers  
Talc

**the Friary is about restoring and maintaining dignity in the people we help, if an item is broken, dirty or past its use by date then it's not useful to us.**

Perhaps you wish to donate new essential items as this has a particular benefit to our service users' self-esteem or you may have an unwanted gift that we can put to use.

Our storage space is at a premium so we can **no longer accept books or bric-a-brac.**

If you have **furniture** to donate - please contact Re-covered 0115 718 0406.

**Thank you in appreciation of your continued support.**