

## Household

Bedding – duvets, duvet covers

Sheets, pillows & pillow cases

Towels

Curtains

Tea towels

Saucepans

Plates, bowls & mugs

Dishes

Cutlery & Utensils

Washing up bowls & liquid

Toasters

Microwaves

Lamps

Clocks

Irons

## Toiletries

Soap

Shower gel

Toothbrushes & toothpaste

Razors & Shaving foam / gel

Deodorant (roll on & spray)

Nail Clippers

Shampoo & Conditioner

Talc

## Ways to Give

As always the best way you can support the Friary is through regular financial giving which enables us to properly plan for future long-term services.

Please visit our website

[www.the-friary.org.uk](http://www.the-friary.org.uk)

for easy to follow details on how to donate.

For specific enquiries contact the Friary Office on 0115 981 0009 or email [admin@the-friary.org.uk](mailto:admin@the-friary.org.uk)

46 Musters Road  
West Bridgford  
Nottingham  
NG2 7PR  
0115 982 5448

[www.the-friary.org.uk](http://www.the-friary.org.uk)

[admin@the-friary.org.uk](mailto:admin@the-friary.org.uk)

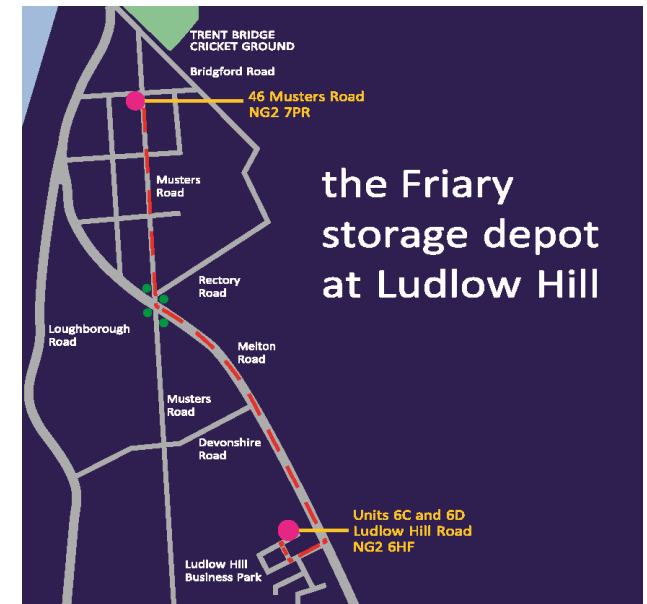
[@theFriary88](https://www.instagram.com/theFriary88)

Registered Charity Number 1056825  
Registered in England & Wales No. 3190740

**Thank You**  
your continued support  
is very much valued!

  
the Friary  
Working  
locally to end  
homelessness

Please take all donations to  
the Friary storage depot



Unit 6c, Ludlow Hill Rd,  
West Bridgford, NG2 6HF  
Telephone 0115 998 1764

Open Tuesdays and Thursdays  
10am – 3pm

*It's so refreshing when people want to pass on the items they no longer use so that others can benefit.*

### **Want to help the Friary but not sure what we want?**

See our priority appeals each month on the website [www.the-friary.org.uk](http://www.the-friary.org.uk)

If you would give the item to a friend in need, if it is clean, useable and on this list, the Friary very much wants to receive it from you.

the Friary is about restoring and maintaining dignity in the people we help, if an item is broken, dirty or past its use by date then it's not useful to us.

Perhaps you wish to donate new essential items as this has a particular benefit to our service users' self-esteem or you may have an unwanted gift that we can put to use.

Storage space is at a premium so the Friary can **no longer accept books.**

If you have **furniture** to donate – please contact The Arches Project on 0115 950 8774.

### **Where to take donations?**

the Friary storage depot at 6c Ludlow Hill Road, West Bridgford NG2 6HF.  
Open Tuesday and Thursdays from 10am to 3pm.

### **Future Bargain Sales.**

Future sales will be run at various new locations, keep an eye on our website and in the local press for details.

### **How you can help**

Please continue with donations of the specific essential items listed see below.

### **What the people we help need most:**

Rucksacks & Holdalls  
Sleeping bags  
Ground sheets  
1 - 2 Men tents  
Torches & batteries  
Tin openers  
Pots & Pans  
Watches  
Small radios

### **Items for Men**

Jeans & joggers  
Socks and hiking socks  
T-shirts & shirts  
Jumpers & hoodies  
Waterproofs, coats & jackets  
Boxers & briefs (new only please)  
Dressing gowns, pyjamas & slippers  
Trainers, practical shoes & boots  
Belts  
Gloves & wool hats

### **Items for Women**

Knickers (new only please)  
Bras  
T-shirts, shirts & blouses  
Jumpers & fleeces  
Jeans  
Waterproofs, jackets & coats  
Joggers & leggings  
Socks & hiking socks  
Trainers, flat practical shoes  
Dressing gowns, pyjamas & slippers